What is gunja?

Information on gunja for Aboriginal and Torres Strait Islander Australians
Gunja can make you relax and talk a lot.
It can also make you hungry, have red eyes, and a dry mouth and throat.
Gunja is no good for your lungs. It can make them sore. Smoking it can even give you cancer.
Using gunja can make it hard to learn and remember things.
Sometimes gunja can make people feel worried or scared. It can also make them see, hear or feel things that aren’t there or believe things that aren’t true.
Gunja is no good for driving skills. You could crash your car and hurt yourself and other people.
Gunja is no good for families. Be strong and healthy for your kids and don’t use gunja.
This booklet is part of a series that provides information about gunja (cannabis) in an easy-to-read format. You can order all the titles and associated posters at no charge from our website.

- What is gunja?
- Gunja and the law
- Gunja and your community
- Gunja and pregnancy

In my community gunja is called ________________________